

Esplanade Presents

## da:ns focus – EveryBody

19 – 21 Apr 2024

[www.esplanade.com/dans](http://www.esplanade.com/dans)



## EveryBody 19 – 21 Apr 2024

*EveryBody* challenges conventions by presenting high quality works and experiences focusing on inclusivity, diversity and participation.

*da:ns focus – EveryBody* by Esplanade – Theatres on the Bay is an inclusive weekend (19 – 21 Apr) of dance, challenging the conventional idea of a dancing body and redefining what is possible in dance and in life. The artists we feature this year have inspiring and meaningful philosophies on art and life. New York-based Monica Bill Barnes & Company’s motto is “bringing dance where it doesn’t belong”, while leading Australian company Restless Dance Theatre firmly believes in showcasing artists who have lived experience of disability but who are not defined by their disability. We hope that through this second edition of *EveryBody*, you will gain new perspectives on what it means to dance, and what it means to be human.

*EveryBody* was initiated last year as part of the transformation from *da:ns festival* to *da:ns focus*—a season of five distinct themed dance weekends. *EveryBody* challenges conventions

and presents high-quality works and experiences focusing on inclusivity, diversity and participation. We were encouraged by the artists, audiences and different communities who responded positively to 2023's edition, and we see a great need to continue our efforts in featuring diverse dancing bodies that are professional as well as pre- or non-professional. Through them, we want to encourage everybody and *every body* to experience dance.

While planning this second edition, we have designed many access points for audiences, so that communities who are new to dance or inclusivity will be able to connect deeply to the artists and experiences. A highlight of *EveryBody* is ***The Running Show by Monica Bill Barnes & Company***. This work will activate a large cast of Singapore dancers, ranging in age from 12 to over 70 years old. Their voices and stories will be integrated into the show via live commentary, drawing parallels between dance, sports and everyday life. Filled with dynamic movements, gripping moments and an undercurrent of humour throughout, *The Running Show* is an enlightening dance-theatre performance that speaks to the community and humanity of dance.

We also take the opportunity at *EveryBody* to progressively expand our perceptions on differently-abled artists and their works. Australia's leading inclusive dance company, **Restless Dance Theatre presents *Listen to See***, where the company's dancers invite audiences to share moments of connection through short dance exchanges. It is an intimate experience of discovery, prompting us to rethink our perspectives on the diverse abilities that we all possess.

In addition, *EveryBody* brings back a range of participatory programmes, such as ***EveryBody workshops*** for beginners of all ages, from pre-schoolers and kids to youths and adults. We have also invited Restless to specially conduct two workshops: a ***Creative Movement Workshop*** suitable for differently-abled participants with diverse needs and conditions, as well as an ***Educator's Workshop*** on the topic of creating access in dance. The beloved ***EveryBody Dance Now*** also returns, where everybody is invited to freely take part in 13 different short dance-along sessions. Among these sessions, two sessions will be wheelchair-friendly and Singapore Sign Language interpretation will also be provided.

Join us at *EveryBody* for a line-up featuring 17 different performances, experiences, workshops and dance-along sessions, and discover fresh perspectives on dance, art and life.

**Iris Cheung**

Producer, The Esplanade Co Ltd

## About Esplanade – Theatres on the Bay

Esplanade is Singapore's national performing arts centre. It hosts a year-round line-up of about 3,500 live performances and activities presented by Esplanade, its partners and hirers. As an arts centre for everyone, Esplanade also creates opportunities for seniors, youth, children and underserved communities to experience the arts. More than 70% of the shows that take place each year at the centre are free for all to enjoy.

Esplanade also brings the arts virtually to audiences in Singapore and beyond, through its diverse range of digital programmes on [Esplanade Offstage](#), an all-access backstage pass to the performing arts and guide to Singapore and Asian arts and culture, with videos, podcasts, articles, quizzes and resources.

The centre works in close partnership with local, regional and international artists to develop artistic capabilities and content, push artistic boundaries and engage audiences. Esplanade supports the creation of artistic content by commissioning and producing new Singapore and Asian work for the international stage. It also develops technical capabilities for the industry nationally.

Esplanade – Theatres on the Bay is operated by The Esplanade Co Ltd (TECL), which is a not-for-profit organisation, a registered Charity and an Institution of a Public Character. The Charity Council awarded TECL the Charity Governance Award – Special Commendation for Clarity of Strategy in 2016 and 2022, and the Charity Transparency Award from 2016 – 2023. Esplanade is Singapore's first Dementia-Friendly Arts Venue and a certified Dementia Go-To Point, as well as a guide/assistance dog friendly centre.

TECL receives funding support from Ministry of Culture, Community and Youth and its Community Programmes are supported by Tote Board Family, comprising Tote Board, Singapore Pools and Singapore Turf Club.

Visit [Esplanade.com](https://www.esplanade.com) for more information.

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Issued by *The Esplanade Co Ltd*.

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## Annexe

Esplanade Presents

### **da:ns focus – EveryBody**

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### **The Running Show**

**Monica Bill Barnes & Company, in collaboration with Singapore Dancers**

20 & 21 Apr

Sat, 8pm

Sun, 3pm

Singtel Waterfront Theatre at Esplanade



Photo Credit: Ben McKeown

**“An expertly crafted show that was not only enthusiastically performed by all, but spoke to the importance of dance.” – LA Dance Chronicle**

**“With sports, you don’t know the outcome and that’s why you’re on the edge of your seat, and there’s a similar sense with this show. There’s a wonderful pressure to make sure we’re getting the most out of the moment.”**

**– Times Union**

A seven year old falls in love with dance at her first recital. 40 years later, she works every day to stay in the game. At 70, she keeps moving.

Examining the life of the dancer through an athlete's point of view—complete with running commentary—*The Running Show* positions the dancer as a new kind of sports hero, one that keeps moving against all odds. The production documents a dancer's life through movement, interviews and stories, featuring a large cast of local performers of ages ranging from 12 to 70+ from the city the show is presented in. These dancers join choreographer and performer Monica Bill Barnes on stage after learning their parts over the course of one week. Co-artistic director, writer and performer Robbie Saenz de Viteri interviews the cast and incorporates their voices and stories into the show.

Filled with dynamic movements, gripping moments and an undercurrent of humour throughout, *The Running Show* is an enlightening dance-theatre performance that speaks to the community and humanity of dance.

This programme is presented as part of *da:ns focus – EveryBody*, a weekend of dance which challenges conventions by presenting high quality works and experiences focusing on inclusivity, diversity and participation, where we encourage everybody and *every body* to experience dance.

### Credits

Created by Monica Bill Barnes & Robbie Saenz de Viteri  
Choreographed by Monica Bill Barnes  
Written by Robbie Saenz de Viteri  
Lighting Design by Tess James  
Costume Design by Kelly Hanson  
Rehearsal Direction by Flannery Gregg  
Associate Producer Elizabeth Furman

*The Running Show* was commissioned and supported by Jody and John Arnhold/Arnhold Foundation.

### About Monica Bill Barnes & Company

Monica Bill Barnes & Company was founded in 1997 as a New York-based dance company. The company began with a suitcase of costumes and a collection of solos that could be performed anywhere. Since its founding, Barnes has worked with many artists and performers, including long time collaborators/designers Jane Cox and Kelly Hanson and performer Anna Bass in developing relatable work with a subversive sense of humour. Since 2013, Monica Bill Barnes & Company has been co-led by Monica in partnership with Robbie Saenz de Viteri where the mission evolved to “bringing dance where it doesn't belong.”

Together, Monica and Robbie make performances that combine their shared interest in the underlying comedy at work in our lives and make shows that hope to find something sacred in the mundane. They cross genres between dance, theatre, storytelling, creative nonfiction, feminist treatises, and comedy. Their work has travelled to a wide range of theatres ranging from off-Broadway's WP Theater to The Sydney Opera House, and many in between. They've also created performances in malls, conference rooms, The Metropolitan Museum of Art, and interactive websites. They redefine what constitutes performance in every show, while maintaining the audience's experience as the centre of everything they create. Their work has been honoured by the Bessie Awards, the Lilly Awards, and the Chita Rivera Awards, as well as numerous foundations.

### About Monica Bill Barnes

Artistic Director, choreographer, performer

Monica Bill Barnes is a dancer and choreographer. Since Monica Bill Barnes & Company's founding in 1997, her choreography has been seen in many places such as New York City's

Bowling Green public fountain, on stage at Carnegie Hall, throughout the galleries of The Metropolitan Museum of Art and in Greta Gerwig's film *Little Women*. The company has been presented in over 50 cities and internationally in venues ranging from The Kennedy Center to the Sydney Opera House in a collaboration with Ira Glass in *Three Acts, Two Dancers, One Radio Host*. Barnes started collaborating with Robbie Saenz de Viteri in 2013 at which point the company adopted the motto of "bringing dance where it doesn't belong."

Recent collaborations include a national tour of *The Running Show*, a site-specific show in a mall, *Days Go By*, and two online works created during the pandemic, *Keep Moving* and *It's 3:07 Again*. They have recently premiered a new show, *Many Happy Returns*, through a residency at Berkeley Repertory.

#### About Robbie Saenz de Viteri

Artistic Director, writer, performer

Robbie Saenz de Viteri writes, creates, produces, and performs live theatre. He has created performances and toured production throughout the world with the Obie Award winning Nature Theater of Oklahoma and worked with genre redefining artists such as Anna Deavere Smith, Stew, and Ira Glass. He has collaborated with Monica Bill Barnes to create *Happy Hour*, *The Museum Workout*, *One Night Only* (Lilly Award), *Days Go By* (Bessie Honoree), *The Running Show*, *Keep Moving*, *It's 3:07 Again*, and *Many Happy Returns*.

He grew up in New Jersey, holds a BA from Muhlenberg College where he studied writing with David Rosenwasser, and lives in Greenpoint, Brooklyn which he believes is best reached by bicycle.

1hr, no intermission

\$35^

Limited concessions for students, seniors, NSFs and PWDs: \$25.60

^Esplanade&Me Specials Available



Photo Credit: Ben McKeown

## Open call audition to perform in *The Running Show*

Monica Bill Barnes & Company, a New York City dance company known for “bringing dance where it doesn’t belong”, will be coming to Singapore with *The Running Show*. The company is known for their unlikely collaborations with artists such as radio host Ira Glass from *This American Life* and a wide range of venues from off-Broadway theatres to the Sydney Opera House. *The Running Show* has travelled across the United States from *The American Dance Festival* in Durham North Carolina to the University of Southern California in Los Angeles California.

This production documents the life of a dancer through movement, interviews, and stories. In each new city, the show is recreated by casting local dancers ranging in age from 12 to 70+ years old, who join artistic director Monica Bill Barnes on stage learning their parts in just one week. Writer and performer Robbie Saenz de Viteri interviews each cast, incorporating their voices and stories into the show, giving audiences an unprecedented look into the life of a dancer as a new kind of sports hero that keeps moving against all odds.

For the Singapore’s edition of *The Running Show*, presented as part of *da:ns focus – EveryBody*, we have an open call audition for dancers aged between 18 – 26 (small allowances to age may be considered). We will be looking to cast up to 15 dancers with the following qualities:

- Dancers who train regularly on one or more of the following forms: Chinese dance, Malay dance, Indian dance, ballet, contemporary dance, jazz and/or street dance, etc.
- Dancers should be prepared to learn fast, rigorous choreography which has an emphasis on repetition, quick foot work, and running.
- Dancers who are able to cope well with an intensive week of rehearsals and performance, committing all required sessions on 16 April (Tue) to 21 April (Sun). Kindly refer to the schedule below for detailed timings.

Dancers will also be asked to make time during the week for interviews with Robbie. The five-day rehearsal process will culminate in two fully produced mainstage performances of *The Running Show* at Singtel Waterfront Theatre at the Esplanade on 20 & 21 April.

Register at: <https://www.esplanade.com/whats-on/festivals-and-series/series/dans-focus/open-call>



## Listen to See Restless Dance Theatre (Australia)

19 – 21 Apr

Fri, 7pm & 9pm

Sat, 2pm & 4pm

Sun, 11am & 2.30pm

Esplanade Concert Hall Circle 1 Main Foyer (Meeting point: Esplanade Concert Hall Information Counter)



Photo Credit: Kelly Carpenter

“Sometimes the simplest ideas are the most surprising.” – MOONEY ON THEATRE

A dancer, a stranger, and a moment of meaningful connection.

Created by Australia’s leading inclusive dance company Restless Dance Theatre, *Listen to See* is an intimate experience of discovery to rethink our perspectives on what it means to be human, and the diverse abilities that we all possess.

Scattered in a performance space, one duo and three solo dancers are equipped with headphones and an MP3 player, inviting audience members to share a three-minute choreographic exchange. Audience members may choose to experience different intimate performances by moving from one dancer to another, or enjoy the totality of a shifting and dynamic ensemble by watching from a distance—all according to their own moods, impulses and responses.

This programme is presented as part of *da:ns focus – EveryBody*, a weekend of dance which challenges conventions by presenting high quality works and experiences focusing on inclusivity, diversity and participation, where we encourage everybody and *every body* to experience dance.

**“...This one-on-one performance taps into the voyeuristic nature of observing the exchange as part of a large group. Each audience member responded so differently, some getting involved in the dance and some watching totally entranced... I am excited by the artistic exchange and bringing artists together who have lived experience of disability but who are not defined by their disability. Strong messages can be sent amongst the subtlety of this beautiful experience.”**

**– Michelle Ryan, Artistic Director of Restless Dance Theatre**

Credits

Choreographic concept developed by Emmanuel Jouthe

Artistic Director: Michelle Ryan

Assistant Director: Larissa McGowan

Costume Designer: Meg Wilson

Creative Producer: Roz Hervey

*Listen to See* is a Co-Production by Restless Dance Theatre, Mai(g)wenn et les Orteils and Danse Carpe Diem/Emmanuel Jouthe.

About Restless Dance Theatre

Restless Dance Theatre is Australia’s leading dance theatre company working with people with and without disability.

Our artistic voice is loud, strong and original. Restless invigorates, influences and diversifies dance by creating innovative and highly distinctive works of dance theatre. Restless is a place where diversity is celebrated, and all artists thrive creatively.

1hr, including a 15-minute sharing session, no intermission

\$35^

Limited concessions for students, seniors, NSFs and PWDs: \$25.60

^Esplanade&Me Specials Available

Accessibility:

Wheelchair-accessible performance

Relaxed Environment

## Educator's Workshop: Creating Access in Dance Restless Dance Theatre (Australia)

21 Apr, Sun, 4.30pm  
Esplanade Annexe Studio



This workshop is specifically designed for professional development for teachers, educators, dance and movement artists and other professionals who have a keen interest in creating access in dance.

The workshop will cover how to create comfortable and inclusive learning environments, how to effectively communicate with participants using inclusive language, and be provided with examples of tasks and ideas that will encourage movement and choreography.

Participants of this workshop will receive tools, building blocks, and creative ideas to enhance their teaching methods. Restless Dance Theatre will introduce creative methodologies that underpin the company's practice, and provide insights into how Company dancers collaboratively devise work in a creative environment.

This workshop is facilitated by Larissa McGowan (Restless Dance Theatre Associate Artist and Assistant Director of *Listen to See*) and company dancers of Restless Dance Theatre.

This programme is presented as part of *da:ns focus – Everybody*, a weekend of dance which challenges conventions by presenting high quality works and experiences focusing on inclusivity, diversity and participation, where we encourage everybody and *every body* to experience dance.

### About Restless Dance Theatre

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1hr 30mins, no intermission  
Admission age: 18 and above

\$40

## Creative Movement Workshop Restless Dance Theatre (Australia)

20 Apr, Sat, 11am  
Esplanade Annexe Studio



This creative movement workshop conducted by Restless Dance Theatre is designed for anyone, regardless of their experience level, to powerfully express themselves through movement, allowing them to push beyond their perceived limitations.

Introducing participants to the Restless Dance Theatre Method, which combines physical devising techniques and contemporary dance. Participants will be exposed to fun activities which aim to develop creative self-expression, build confidence, stimulate imagination, improve body awareness, and most importantly have fun, all in a safe and supportive environment. This is a participants-only workshop.

Restless Dance Theatre is committed to making dance accessible to everyone. The company's workshops are designed to meet access needs and individual differences and can cater to participants with and without disability. Restless' facilitators are highly trained and can adjust workshops to cover all neuro-diverse, learning and physical differences.

To ensure the safety of all participants, the workshop will be limited to a maximum of 25 participants. Please dress comfortably for the workshop. Pre-registration is required, and participants should fall under these criteria:

- Individuals with disabilities (physical, sensory, developmental and/or intellectual)
- Able to follow simple verbal cues and instructions
- Age 15 years old and above

This workshop is facilitated by Larissa McGowan (Restless Dance Theatre Associate Artist and Assistant Director of *Listen to See*) and company dancers of Restless Dance Theatre.

This is a participants-only workshop. Caregivers are to drop participants 10 mins before workshop and pick up at same location. Alternatively, Caregivers may observe the workshop discreetly from Level 2 of Esplanade Annexe Studio.

This programme is presented as part of *da:ns focus – EveryBody*, a weekend of dance which challenges conventions by presenting high quality works and experiences focusing on inclusivity, diversity and participation, where we encourage everybody and *every body* to experience dance.

#### About Restless Dance Theatre

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#### Advisory

- This workshop is recommended for participants aged 15 and above.
- This is a participants-only workshop.
- Caregivers are to drop participants 10 mins before workshop and pick up at same location. Alternatively, Caregivers may observe the workshop discreetly from Level 2 of Esplanade Annexe Studio.

1hr 30mins, no intermission

Pre-registration is required.

#### Accessibility:

Wheelchair Access

Relaxed Environment

## EveryBody Workshops (Adults & Preschoolers) Various dance studios (Singapore)

6, 7, 13 & 14 Apr, Sat & Sun, 9.30am & 11am  
Esplanade Rehearsal Studio



Dance-play for parents with children ages three to six years old. A great way to start your weekend mornings!

Since 2023, Esplanade's beloved dance platform, *da:ns festival* transforms into *da:ns focus*, an exciting year-round season of five themed weekends of distinct focuses. Some of the *da:ns focus* weekends are accompanied by introductory dance workshops for all ages!

To kickstart *da:ns focus* 2024/25, on 6, 7, 13 & 14 April, we have 24 sessions of EveryBody dance workshops leading up to *EveryBody*, a weekend of dance which challenges conventions by presenting high quality works and experiences focusing on inclusivity, diversity and participation, where we encourage everybody and *every body* to experience dance.

With genres ranging from Hip Hop to Lindy Hop, K-pop to party moves, come on down and pick up your next favourite move with us!

Date	Workshops
6 Apr, Sat, 9.30am	Groove & Jive by The DanceSport Academy
6 Apr, Sat, 11am	K-pop Dance Fusion by EV Dance
7 Apr, Sun, 9.30am	Pop-up Dance Playground by Rolypoly Family
7 Apr, Sun, 11am	Mini Hoppers by EV Dance
13 Apr, Sat, 9.30am	Freedom of Swing by Jazz Inc
13 Apr, Sat, 11am	Little Rhythmic Adventure! by Noooice! Academy
14 Apr, Sun, 9.30am	Willy Wonka Candyland Ballet by Denise Lwin Dance
14 Apr, Sun, 11am	BB Hip Hop by Danz People

Advisory

- This workshop is specially designed for little ones aged three to six years old. Each child must be accompanied by an adult. Accompanying adult must be 16 years old and above.
- Please dress comfortably for the workshop.

45mins, no intermission

\$20^

^Esplanade&Me Specials

PIP's Club: 15% savings for 2 tickets or more to the same workshop or across *Adults & Kids* and *Adults & Preschoolers*



## EveryBody Workshops (Adults & Kids)

### Various dance studios (Singapore)

6, 7, 13 & 14 Apr, Sat & Sun, 1pm & 3pm  
Esplanade Rehearsal Studio



A great way for adults to bond and have fun learning together with a little child from six to 12 years old.

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To kickstart *da:ns focus* 2024/25, on 6, 7, 13 & 14 April, we have 24 sessions of EveryBody dance workshops leading up to *EveryBody*, a weekend of dance which challenges conventions by presenting high quality works and experiences focusing on inclusivity, diversity and participation, where we encourage everybody and every body to experience dance.

With genres ranging from Hip Hop to Lindy Hop, K-pop to party moves, come on down and pick up your next favourite move with us!

Date	Workshop
6 Apr, Sat, 1pm	It’s Samba Time! by The DanceSport Academy
6 Apr, Sat, 3pm	Introduction to Dancehall by EV Dance
7 Apr, Sun, 1pm	Dancehall by O School
7 Apr, Sun, 3pm	Make A Dance Show! by Rolypoly Family
13 Apr, Sat, 1pm	Swing Kids by Jazz Inc
13 Apr, Sat, 3pm	See! Feel & Dance! By Nooice! Academy
14 Apr, Sun, 1pm	Broadway by Denise Lwin Dance
14 Apr, Sun, 3pm	Kids K-pop by Danz People

Advisory

- This workshop is specially designed for young ones aged 6-12 years old. Each child must be accompanied by an adult. Accompanying adult must be 16 years old and above.
- Please dress comfortably for the workshop.

1hr, no intermission

\$20^

^Esplanade&Me Specials

PIP's Club: 15% savings for 2 tickets or more to the same workshop or across *Adults & Kids* and *Adults & Preschoolers*

## EveryBody Workshops (Adults & Youth)

### Various dance studios (Singapore)

6, 7, 13 & 14 Apr, Sat & Sun, 4.30pm & 7pm  
Esplanade Rehearsal Studio



Tailored for absolute beginners, with two left feet or little experience in dance!

Since 2023, Esplanade's beloved dance platform, *da:ns festival* transforms into *da:ns focus*, an exciting year-round season of five themed weekends of distinct focuses. Some of the *da:ns focus* weekends are accompanied by introductory dance workshops for all ages!

To kickstart *da:ns focus* 2024/25, on 6, 7, 13 & 14 April, we have 24 sessions of EveryBody dance workshops leading up to *EveryBody*, a weekend of dance which challenges conventions by presenting high quality works and experiences focusing on inclusivity, diversity and participation, where we encourage everybody and *every body* to experience dance.

With genres ranging from Hip Hop to Lindy Hop, K-pop to party moves, come on down and pick up your next favourite move with us!

Date	Workshops
6 Apr, Sat, 4.30pm	Rumba – The Dance of Love by The DanceSport Academy
6 Apr, Sat, 7pm	Breakin' with Mahmud by EV Dance
7 Apr, Sun, 4.30pm	Improvisation and Dance-making by Rolypoly Family
7 Apr, Sun, 7pm	Open Choreography by O School
13 Apr, Sat, 4.30pm	Introduction to Lindy Hop by Jazz Inc
13 Apr, Sat, 7pm	Everybody Bounce! by Noooice! Academy
14 Apr, Sun, 4.30pm	Lyrical by Denise Lwin Dance
14 Apr, Sun, 7pm	Girls' Style by Danz People

Advisory

- Please dress comfortably for the workshop.

1hr 30mins, no intermission

\$20^

^Esplanade&Me Specials

Black & White: 20% savings (Package of 4)

Discover: 15% savings (Package of 4)

Purchase 4 tickets to one or any workshops from EveryBody Workshops (Adults & Youth)

## EveryBody Dance Now

Various dance studios (Singapore)

19 Apr, Fri, 7.45pm, 8.30pm & 9.45pm

20 Apr, Sat, 5pm, 5.45pm, 7.15pm, 8pm, 8.45pm & 9.30pm

21 Apr, Sun, 7.15pm & 8pm

Esplanade Concourse



Let your hair down, put on your dancing shoes and get ready for *EveryBody Dance Now*!

Everyone's invited back to these ever-popular short dance workshops as part of *da:ns focus* – *EveryBody*, where all bodies can freely take part and experience dance. This year's dance playground will be relocated indoors to Esplanade Concourse for a more intimate vibe, with 11 different dance genres for you to choose from.

Pick up nifty moves from professional instructors on stage and catch some of Singapore's best dance studios demonstrate their own takes on classic styles. Try out different genres and get your body movin'!

### **#trendingfriday**

Need a new dance move to show off at your next party? Skip the dance TikToks and let our instructors show you what's truly trending.

### **Dance together Saturday**

Bring a friend to this +1 night and celebrate friendships, love and relationships through partner dances. Flying solo? Don't worry, there will be dance-lovin' Esplanade Volunteers ready to learn the steps with you.

### **Empowerment Sunday**

Dance is an art form for everybody and every body—uplift your spirits and feel good about yourself as you awaken the powerful and passionate side of you through emotive movements. If you are a wheelchair user or hard-of-hearing, join us earlier in the day for our accessible sessions, which are wheelchair-accessible and sign-language interpreted.

Detailed dance genre for each session will be available in March.

This programme is presented as part of *da:ns focus – EveryBody*, a weekend of dance which challenges conventions by presenting high quality works and experiences focusing on inclusivity, diversity and participation, where we encourage everybody and *every body* to experience dance.

30mins, no intermission

## EveryBody Dance Now (Accessible Sessions) Various dance studios (Singapore)

21 Apr, Sun, 3.30pm, 4.30pm  
Esplanade Concourse



Embracing the true spirit of *EveryBody Dance Now*, we are dedicating two accessible sessions which invite everyone and every body to take part and experience dance. These two sessions will be wheelchair-friendly and Singapore Sign Language interpretation will also be provided.

### ***Empowerment Sunday***

Feel good about yourself as you awaken the powerful and passionate side of you through emotive movements. Dance is a form of art for everybody and has the power to uplift our spirits!

More details will be available in March.

This programme is presented as part of *da:ns focus – EveryBody*, a weekend of dance which challenges conventions by presenting high quality works and experiences focusing on inclusivity, diversity and participation, where we encourage everybody and *every body* to experience dance.

30mins, no intermission

Accessibility:

Wheelchair Access

Singapore Sign Language Interpretation